



Goal 1: Knowledge Base

- 1.1 Describe Key Concepts, Principles, and Overarching Themes in Coaching.
- 1.2 Develop a Working Knowledge of Coaching Content Domains
- 1.3 Describe Application of Coaching

Goal 2: Scientific Inquiry and Critical Thinking

- 2.1 Use Scientific Reasoning to Interpret Coaching Phenomenon
- 2.2 Demonstrate Coaching Literacy
- 2.3 Engage in Innovative and Integrative Thinking and Problem Solving
- 2.4 Incorporate Sociocultural Factors in Coaching

Goal 3: Ethical & Social Responsibility in A Diverse World

- 3.1 Apply Ethical Standards in Coaching
- 3.2 Build and Enhance Interpersonal Relationships
- 3.3 Adopt Values that Build Community at Local, National, and Global Levels

Goal 4: Communication

- 4.1 Demonstrate Effective Verbal and Written Communication
- 4.2 Exhibit Effective Presentation Skills
- 4.3 Model and Interact Effectively with Others

Goal 5: Professional Development

- 5.1 Apply Evidence-Based Coaching Skills
- 5.2 Exhibit Self-Efficacy and Self-Regulation
- 5.3 Promote Professional Advancement in the Field of Coaching

Adopted and Revised from APA Guidelines for Psychology Majors

Learning Goals & Outcomes ~Coaching Choice College Training Programs

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